

Village of Highland Hills Senior Calendar

OCTOBER 2016




**HAPPY OCTOBER
BIRTHDAYS**

**Village of Highland Hills
3700 Northfield Road
Highland Hills, Ohio 44122
Website: www.vhhohio.org**

**Phone: 216-283-3000
Jeune Drayton - Ext 229
Doris Nelson - Ext 234
Renotta Fair – Ext 235**

**Transportation Specialists:
M. (Doc) Brandon 216 346-6215
Henry Payne: 216-346-5470**

**COURTESY OF
MAYOR ROBERT L. NASH**

MON	TUES	WED	THURS	FRI
3 Water Exercise Bedford Hts. 10:30 am - 11:30 am (Pick up at 9:45 am)	4 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am)	5 Water Exercise Bedford Hts. 10:30 am - 11:30 am (Pick up at 9:45 am) HEINEN'S & DOLLAR TREE (Pick up at 9:30 am)	6 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am)	7 GABE'S / OLLIE'S & Red Lobster Mentor (Pick up at 9:30 am)
10 OFFICE CLOSED 	11 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am) Senior Ad. Bd. Mtg.- 11am	12 Water Exercise Bedford Hts 10:30 am-11:30 M (Pick up at 9:45am) GORDMAN'S & ALDI'S BAINBRIDGE (Pick up at 9:30 am)	13 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am)	14 HARTVILLE FLEA MARKET & KITCHEN (Pick up at 9:00 am)
17 Water Exercise Bedford Hts. 10:30 am - 11:30 am (Pick up at 9:45 am)	18 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am)	19 Water Exercise Bedford Hts 10:30am-11:30am (Pick up at 9:45am) WALMART/ EASTLAKE (Pick up at 9:30am)	20 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am) Health Screenings 10:30-12:30	21 Presque Isle Downs Casino - Erie, PA \$25 Free Play with 25 or more people (Pick up at 8:00 am)
24 Water Exercise Bedford Hts. 10:30 am - 11:30 am (Pick up at 9:45 am)	25 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am)	26 Water Exercise Bedford Hts. 10:30am-11:30am (Pick up at 9:45am) Aurora Farms & Lunch (Pick up at 9:30am)	27 Silver Fitness w/Reggie 1st-10:00am-10:30am (Pick up at 9:45am) 2nd--10:45am-11:15am (Pick up at 10:25am) 3rd-11:30am-12noon (Pick up at 11:10am)	28 TUESDAY MORNING, MARSHALL'S & Lunch at APPLEBEE'S Southland Shopping Ctr. (Pick up at 9:30 am)
31 Water Exercise Bedford Hts. 10:30 am - 11:30 am (Pick up at 9:45 am)	HEALTH SCREENINGS for the COMMUNITY provided by UH Ahuja at The Village Hall - Room 14 Thursday, October 20, 2016 (10:30 am –12:30 pm) Blood pressure, glucose & cholesterol—Call office		Senior Advisory Board Meeting Tuesday, October 11th at 11:00am Please bring list of places, events you or neighbors would like to see on calendar. (Pick up at 10:45 am)	

Appointments: Tues.-Fri., Limited Wednesdays; call at least one (1) day in advance and leave your name, phone number, dates & where. Thanks